

Breastfeeding Center of Charleston Class Calendar

February 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5 9:30 AM: Mommy & Me Pilates (MP)	6	7 11:15 AM: The Mother's Circle (MP) 3:00 PM: Starting Solids (SV)	8	9
10	11	12 9:30 AM: Mommy & Me Pilates (MP) 5:30 PM: Newborn 101 (MP)	13 5:00 PM: Prenatal Breastfeeding (SV)	14 3:00 PM: The Mother's Circle (SV)	15	16
17	18	19 9:30 AM: Mommy & Me Pilates (MP)	20	21 11:15 AM: The Mother's Circle (MP) 3:00 PM: Breastfeeding Nutrition (SV)	22	23
24	25	26 9:30 AM: Mommy & Me Pilates (MP) 5:00 PM: Prenatal Breastfeeding (MP)	27	28 3:00 PM: The Mother's Circle (SV)		

Join us for a free class in Mount Pleasant (MP) or Summerville (SV)! Registration is free and easy through our website.

www.BreastfeedingCenterofCharleston.com

843.737.9494

Breastfeeding Center of Charleston Class Calendar

March 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5 9:30 AM: Mommy & Me Pilates (MP)	6	7 11:15 AM: The Mother's Circle (MP)	8	9
10	11	12 9:30 AM: Mommy & Me Pilates (MP) 5:30 PM: Newborn 101 (MP)	13 3:00 PM: Breastfeeding Nutrition (SV)	14 3:00 PM: The Mother's Circle (SV)	15	16
17	18	19 9:30 AM: Mommy & Me Pilates (MP)	20 9:30 AM: Play, Learn, Grow: The Building Blocks to Development (MP) 5:00 PM: Prenatal Breastfeeding (SV)	21 11:15 AM: The Mother's Circle (MP) 3:00 PM: Starting Solids (SV)	22	23
24	25	26 9:30 AM: Mommy & Me Pilates (MP) 5:00 PM: Prenatal Breastfeeding (MP)	27	28 3:00 PM: The Mother's Circle (SV)	29	30

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April 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 9:30 AM: Mommy & Me Pilates (MP)	3	4 11:15 AM: The Mother's Circle (MP) 3:00 PM: Starting Solids (SV)	5	6
7	8	9 9:30 AM: Mommy & Me Pilates (MP) 5:30 PM: Newborn 101 (MP)	10	11 3:00 PM: The Mother's Circle (SV)	12	13
14	15	16 9:30 AM: Mommy & Me Pilates (MP)	17 5:00 PM: Prenatal Breastfeeding (SV)	18 11:15 AM: The Mother's Circle (MP) 3:00 PM: Breastfeeding Nutrition (SV)	19	20
21	22	23 9:30 AM: Mommy & Me Pilates (MP) 5:00 PM: Prenatal Breastfeeding (MP)	24	25 3:00 PM: The Mother's Circle (SV)	26	27
28	29	30 9:30 AM: Mommy & Me Pilates (MP)				

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